

Train Up Preschool Discipline Guideline Policy

Train Up Preschool is committed to providing children and families with quality Christian preschool education in a safe and loving environment. A major part of the obligation is focused on the importance of discipline and its effects on children in our care. The following guidelines comprise Train Up Preschool's Child Discipline Policy.

- No corporal/physical punishment will be used.
- Set limits or behavior expectations which are developmentally appropriate.
- Be consistent.
- Act with confidence, fairness and patience in disciplining.
- Praise and encourage good behavior recognizing that you serve as role model for appropriate actions.
- State suggestions or directions in a positive manner. Give the child a choice only when you intend to accept the choice.
- Focus on the child's actions rather than personality. Make the child feel worthwhile and liked.
- Consequences for misbehavior will be dealt with immediately related to the fact.
- Punishment is appropriate only for repeated misbehavior. Acceptable punishments are removing the child from the play area, limiting play privileges and using time-out. Time-out provides the child an opportunity to think about appropriate behavior. It should not last more than one (1) minute per year of age. It should be in the sight of an adult preferable where the child can see the other children. Once the time-out period is completed, the child should resume normal activities.
- Punishment will not be associated with food, naps, or bathroom procedures.
- Keep acts of misbehavior in perspective. The Director will involve the child's parents in the disciplinary process only when uncontrollable behavior and/or behavior harmful to others persists.
- The entire staff will be consistent regarding supervision and training of children. Discipline of children will be the responsibility of the center Director and staff members only.
- Remember the goal of discipline is helping the child gain self-control through learning appropriate behavior rather than forcing the child to conform to adult standards.

I have read, understand and accept the above guideline policy.

Signature

Date